SAYREVILLE COMPASS

WINTER 2027



Public Speaking

This fun and exciting program will help your child find their voice through public speaking! Areas of focus will include body language, thinking on your feet, persuasion, and debate.

- **Grades 6-12**
- **$150**
- **Thursday's starting January 28th**

Yoga

Our popular Yoga Program is back for another session! This program is designed to build strength, flexibility, and mindfulness. Perfect for all fitness levels, each session guides you through foundational poses and breathing techniques to help you feel calm, balanced, and energized. No prior experience needed.

- **Ages 18+**
- **$30**
- **Monday's starting February 1st**

Youth Dance

Ms. Sarah is ready to shake off those winter blues! Come join her and the Recreation Department for this fun and popular program! These upbeat classes help build confidence, creativity, and friendships!

- **Ages 2.5-12**
- **$50-$95**
- **Saturday's starting January 23rd**

Mad Science

Are detectives really scientists? Absolutely! In STEMysteries children will analyze evidence to solve a whodunit and cliff hanger mysteries. We will use Inspectikits, Secret Code Breakers, Spynoculars, and Case Stampers to explore where science and chemistry meet the world of espionage. These classes are packed with hands-on experiments and activities. Fun take home each week to continue the discovery at home.

- **Grades K-5**
- **$119**
- **Wednesday's starting February 3rd**

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Trivia Night

Get your friends and family together and test your knowledge at Recreation's Trivia Night! Brush up on your random facts and knowledge as you compete for prizes and bragging rights! Pre registration is required as space is limited.

- **All Ages**
- **Free Event**
- **Tuesday March 23rd**

Parent & Me Multi-Sport

Introduce your child to the world of sports through a fun, supportive, and non-competitive environment. Your child will learn a multitude of of skills through games and activities from all different sports! All of this is done with the guidance of their parent.

- **Ages 1.5-3.5**
- **$149**
- **Sunday's starting January 24th**

Line Dancing

Line Dancing is back by popular demand! Get your dancing shoes and learn some basic moves and dances with your friends and family! No experience is required. Pre registration is required. Sayreville residents only.

- **Ages 18+**
- **Free Event**
- **Wednesday January 27th**

Rutgers SAFETY Clinic

This course is required for all Sayreville Youth sport coaches by Ordinance and State Law. The SAFETY (Sports Awareness For Educating Today's Youth) Clinic is a three-hour class that informs coaches on the physiological, legal, and medical/first aid aspects of coaching as well as general coaching concepts and training/conditioning youth athletes. Class is for Sayreville Coaches only and is at no cost to the coach. Pre-registration is required and all coaches must stay for the entire duration of the class.

- **Ages 18+**
- **Free Class**
- **Tuesday March 9th**

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Babysitter Training

Be prepared for any emergency siuation with this Red Cross Babysitter training. This training includes proper CPR and First Aid techniques for both adults and children. Your child will become a certified babysitter with CPR/First Aid for two years after this course. This is involves both online and in person coursework.

- **Ages 10-16**
- **$171**
- **Sunday February 21st**

Built By Me STEM Programs

STEM programs are back! Enroll your child in our exciting STEM programs including Lego Robotics and the Inventors Club! Each class is designed to let your child's creativity shine!

- **$165**
- **Grades 1-5**
- **Tuesday's starting January 26th**

SUES After-School Programs

Upcoming after-school programs at the SUES include:

Floor Hockey- Jan 4-6

Pickleball- Jan 25-27

Badmiton- Feb 2-4

Volleyball- Feb 8-10

Basketball Part 2- Mar 1-3

- **$25**
- **Grades 4-5**